

SKINDEX

HIGH RISK ↑ ↓ LOW RISK	 TYPE 01	Pale skin, burns very easily and rarely tans. Generally have light coloured or red hair and freckles.
	 TYPE 02	Fair skin that usually burns, but may gradually tan. Some may have dark hair but still have fair skin.
	 TYPE 03	Skin that burns with long or intense exposure to the sun but generally tans quite easily.
	 TYPE 04	Olive-coloured skin that tans easily, but could possibly burn with lengthy exposures to intense sunshine. Usually have brown eyes and dark hair.
	 TYPE 05	Naturally brown skin, with brown eyes and dark hair. Skin darkens easily with sun exposure and only burns with excessive exposure to the sun.
	 TYPE 06	Black skin with dark brown eyes and black hair. Skin very easily darkens on exposure to sun and would very rarely, if ever, burn.

The images shown here are for illustration purposes and are not intended to be exact representations of the different skin types described.

Not everyone's skin offers the same level of protection in the sun. That's why you need to know your 'skin type'. It can help give you an idea of how much care you need to take in the sun. Your skin type cannot be changed and does not vary according to how tanned you are – it is determined by your genes.



NEVER LET YOUR SKIN BURN, WHATEVER YOUR SKIN TYPE!

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